



Family Voices

Family Support Organization of Burlington County Online News

Due to the Covid-19 pandemic, all FSO support groups and workshops are being conducted on-line. The food bank will remain open but you must call ahead prior to pick-up.



1632 Rt. 38 East
Lumberton, NJ 08048
(609) 265-8838

FSO's No-Contact Food Pantry

WAWA is donating frozen food items for distribution to families in need. Pick-up times for families are Monday - Friday between 9am and 5pm. Call (609) 265-8838 to confirm availability & schedule a pick-up. Upon arrival for pick-up, remain in your car and call the food will be placed outside the door.



Mondays & Thursdays
7pm-8:30pm

Parents Helping Parents Support Group

FSO invites parents and caregivers to join our peer support group where attendees can offer and receive peer support at their own discretion through shared experience on Zoom every Monday & Thursday from 7pm-8:30pm.



Email your contact info to be added to the invite list



Tuesdays & Thursdays
6:30pm-7:30pm

Youth Partnership Program

FSO invites youths between 13 and 21 to join Youth Partnership on Zoom to develop self-advocacy skills and socialize with peers in a safe environment every Tuesday and Thursday from 6:30pm-7:30 pm.



Email your contact info to be added to the invite list



Tuesdays
4pm-5pm

Nurtured Heart Approach Workshop: Learn it and Live it at Burlington FSO

FSO invites parents and caregivers to learn and discuss NHA on Zoom every Tuesday from 4pm-5pm. Each week we will be taking a segment of NHA and discussing it.



Email your contact info to be added to the invite list



Wednesdays
1:30pm-2:30pm

Advocacy Skill Building Workshop

FSO invites caregivers to learn strategies to assist with communicating and advocating for their youths in school and other domains in ways that foster the growth of positive relationship.



Email your contact info to be added to the invite list



Fridays
1:30pm-2:30pm

Self Care Workshop

FSO invites parents and caregivers to learn about the definition and value of self-care, explore strategies, and discuss ways to implement it in daily living.



Email your contact info to be added to the invite list



Visit our website to learn more about the Family Support Organization of Burlington County



Visit and Follow our Facebook page to stay up-to-date about our online support groups and workshops, and other community resources available to assist families in our community. Explore our photo albums to learn about other community resources available to assist families in our community.



Email us if you have additional questions, comments, or concerns.